

# FREESTYLE ROCKER™

## HOW TO STOP YOUR FREESTYLE ROCKER FROM SQUEAKING



If your Freestyle Rocker has begun to squeak, try one of these three methods and you'll be rocking squeak-free in no time:

You hear a clicking sound:  
**METHOD 1**

Tighten these bolts.

You hear squeaking:  
**METHOD 2**

Using silicone lubricant spray, spray around the top of the shock.

You hear squeaking:  
**METHOD 3**

Using WD-40, spray a small amount on both sides of the frame, where the shock meets the lower foot.

**TIP:** You can typically find silicone lubricant spray at hardware or home improvement stores.